# **Group Coaching is Hot!**

**The value of Coaching Groups** is being recognized in corporations and organizations in widely increasing numbers.

**IBM is coaching 30,000** people internally this year with the intention of making coaching

available to every IBM employee who wants to be coached. Group coaching is essential to making that possible.



A recent survey of Forbes subscribers (executives) identified Coaching as the #2 topic on the list of options that the executives would like more information about and were interested in services available around coaching.

Don't be left behind the times. Take advantage of the countless benefits of power of the group in my small group coaching program.

# Speed of Light™ Small Group Coaching Program



The NASA Curiosity Team takes a break to celebrate their success!

What would you like your team to achieve?

### The Basics

- > 6 week and 12 week sessions begin this fall
- > Each group has between six to eight members
- Conference and Skype accessible
- > Each member submits and shares their profile with the group
- An online group meeting place (minigroup.com) is also provided for the group to connect, give feedback and provide/use resources

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## **The Process**

- Experience the enormous energy and power created in a well-formed group
- Learn to "laser speak" a skill where story and drama around an issue is removed, to achieve clarity quickly.
- Through the group coaching experience you are guided to find effective solutions and learn from peer wisdom and knowledge
- As part of the process, we **demystify trust** into a practical asset and learn the practical steps of trusted leaders
- > Get the **support** of the group to move forward
- Use tools and techniques to clarify what you want and practice behaviors to master the workplace: establish credibility, identify your strong ties and your weak ties – to build relationship and trust

## The Benefits

### > Finding Community in the Experience

- "Collect" a circle of lasting and caring supporters
- Use the group as a "Master Mind" for advice and feedback or test drive a new approach
- Derive benefit from peer knowledge and wisdom

#### > Intensify Interpersonal Skills

- Learn coaching skills to use with your teams
- Build on your natural strengths and talents to develop a powerful personal foundation
- Communicate with anyone about anything

# For more about program start dates, pricing, corporate group rates, specific content and how to enroll in the next program, <u>contact me here</u>.

Or go to <u>www.thinkingwellconsulting.com</u> and click on Contact Us Menu bar.