

WHY PARTNER WITH ME?

My success depends on each client making a personal shift, as well as, making a fundamental contribution to his/her organization. I am vested in the personal and professional advancement of each person to create a positive change in the workplace and their own lives.



What I Bring to the Table

Between my practical business sense, my coach training and my experience as NYU adjunct faculty, teaching Organizational Behavior, Human Relations at Work, Emotionally Intelligent Leadership, and Understanding and Changing Your Management Style – I can share many principles and resources which will increase your success and add to the quality of your life.

You also have the benefit of my trustworthiness, my resiliency, my genuine warmth and caring, my values of personal growth and my dedication to help you exceed your grasp; a passion for helping individuals find their strengths, maximize and live their potential.

I Expect Your Best

If you are hiring me to coach you individually, then you're probably ready to do and be your best. At times, you may not be able to do your best. During these times, I will help you back on to your path. I will ask that you come up with goals, actions or shifts you may have had between sessions. When indicated I'll make specific suggestions on how to handle a problem or "go-for" an opportunity. Honesty is one of my values. I will tell you the truth and expect the same from you. I don't confront or push; I'll merely invite you to look at something that I may sense is amiss or pick up on a tone in your voice.

Corporate Clients

When something affects the human condition, it affects everyone. As coach and consultant, I help the corporation take a long-term look at the realities of today's marketplace and trends, as they impact their specific industry and help them strategize to create a sustainable future from the perspective of engagement, empowerment and development of their most valuable assets.

Coaching Principles

By focusing on your core strengths, you spend more time doing the things that you love to do and are great at which brings increased energy, confidence, and the ability to create more value for others.

Identifying the areas of your life where you are the most enthusiastic and passionate brings clarity to where you excel in the workplace. This is a win-win for all.

Part of any business success is building a strong network of relationships. To build a quality relationship, you need to establish trust and elicit confidence from others. People skills are an essential element of success.

The primary cause of many derailments is the level of *emotional competence*, which is at the core of poor interpersonal relations, not working well in a team and difficulty in handling change. Acquiring essential emotional intelligence skills improves overall business performance.

People Say

"Flo has been the person I call, to coach me through the critical phases of my career. She has helped me tremendously to paddle through murky political waters and learn to play in this arena. She has consistently taught me to take a step back and look at difficult situations objectively. The most important thing that she has taught me is to face the situation and deal with it. Bit by bit, I have been able to manage the "pain points" in my career. In addition, Flo has helped me to see other ways of approaching mission critical projects and getting buy-in for projects and the value of building relationships while still maintaining boundaries in a professional, warm and friendly manner."
VP, Product Development, Healthcare Industry

Flo Mauri | 646-270-6276 | ThinkingWellConsulting.com | flo@thinkingwellconsulting.com
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